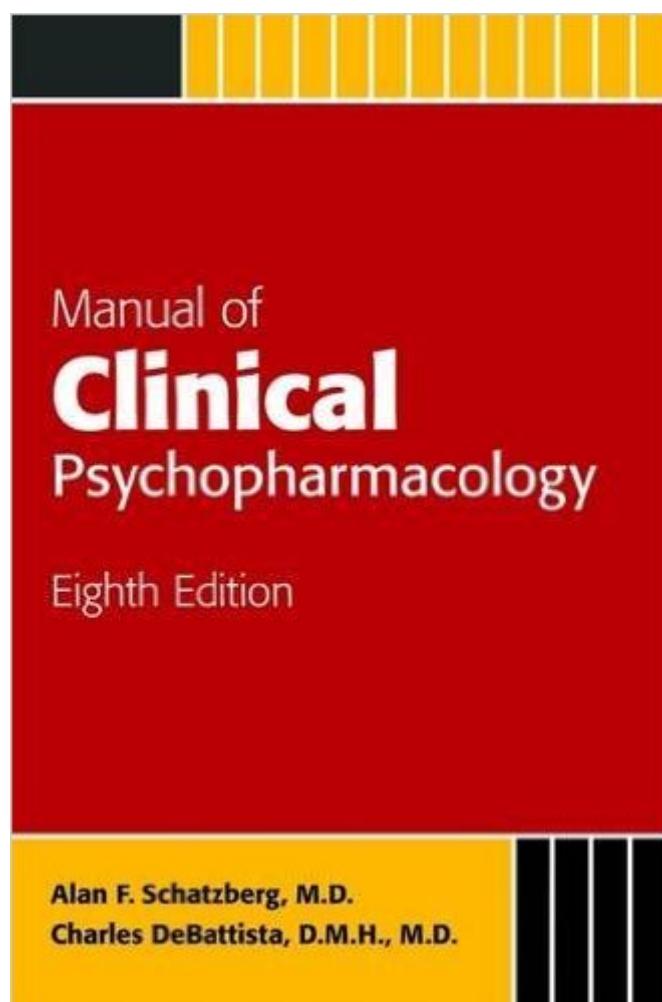


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# Manual Of Clinical Psychopharmacology (Schatzberg, Manual Of Clinical Psychopharmacology)



## Synopsis

Standard of care in psychiatry requires that practitioners stay current on new agents, interactions, side effects, and dosing guidelines -- a daunting task for the modern clinician grappling with today's challenging medical environment. The *Manual of Clinical Psychopharmacology* has been the psychiatrist's trusted companion for nearly three decades, and this new, eighth edition delivers the cutting-edge information clinicians need in a down-to-earth style, facilitating the integration of biological and psychopharmacological information into practice. The book's primary purpose is to provide the reader-practitioner with a practical, usable clinical guide to the selection and prescription of appropriate drug therapies for individual patients, drawing on the authors' clinical experience as well as on the scientific literature. Students of psychiatry and psychopharmacology also will find the book useful as both text and reference. The eighth edition retains many of its most popular features, while adding others to enhance coverage and promote comprehension: \* Some sections dealing with less commonly used drugs (e.g., barbiturates) have been shortened or eliminated, making space for the huge number of new agents that have been approved (e. g., vortioxetine) or are likely to receive approval from the U.S. Food and Drug Administration (FDA). This makes the volume easier to use. \* The book has been thoroughly updated to reflect the release of DSM-5, which introduced dimensional measures of key dimensions (e.g., anxiety and depression) across diagnostic categories to better describe patients' disorders. In the chapter on diagnosis and classification, the authors review these major changes and the implications for prescribing.\* Features of particular utility for students include the introductory chapter on the general principles of psychopharmacological treatment and the summary medication tables, which serve as quick-reference guides on classes of psychotropics.\* Although largely evidence-based, the authors also draw on their extensive clinical experience in discussing various drugs' efficacy, dosing and side effects and other important factors. \* Two appendixes offer suggested readings for clinicians and for patients and families, as well as information on strengths and costs of antidepressant and antipsychotic drugs. There has never been a more meticulously researched and referenced guide to prescribing psychotropic medications, nor one more down-to-earth and practical. The *Manual of Clinical Psychopharmacology* richly deserves its reputation as a classic in the field and has earned a place on every psychiatrist's desk.

## Book Information

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## Customer Reviews

I'm a psychiatry resident and bought this as a supplement to Stahl's Essential Psychopharmacology. In a nutshell, this text is much more focused on the pharmacology than the theory behind the pharmacology (as seen in Stahl's text). I prefer the style of this text to the Stahl text: this is much more "practical" and focused on guidelines for using the medications rather than theoretical considerations for medications. That's not to say that the latter isn't important - the two texts (both of which I'd recommend) are just different in their goals. My only complaint about this text - not enough to lower the rating, but more just something to be aware of - is that littered throughout the text are "recommendations" provided by the authors that they freely admit are based on their own practice habits rather than any evidence-based practice. That doesn't make them invaluable, but I just don't see those types of guidelines as appropriate for what is more or less a reference text. Just be mindful of these things when reading the text and they won't detract from the otherwise excellent quality. In short: a great addition to the training or practicing psychopharmacologist, both as a reference text and a source of review.

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